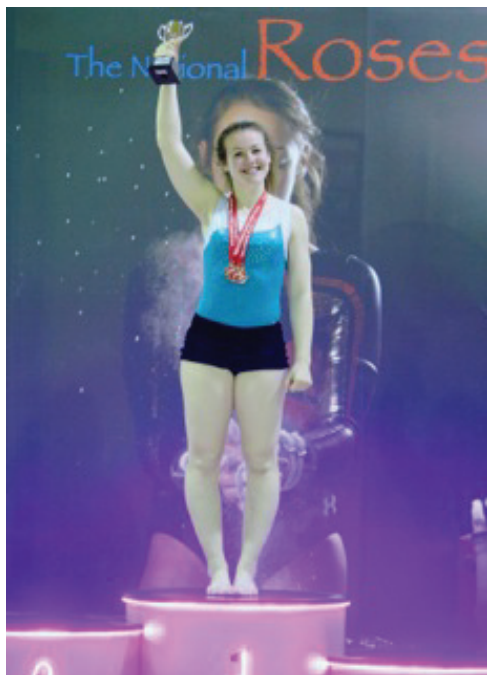


# The Rose Seaby Challenge Cup

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Winner 2014



This is the ultimate challenge for 2014 and its hard!

This will be open across all levels and all ages all day. The gymnast who gains the highest score will win the Rose Seaby 2014 ultimate roses challenge Cup.

The cup is sponsored each year By The National Roses official photographer Paul Seaby.

Entry is £3.75 and is on the entry sheet.

Forward roll to pike lift to handstand (with motion), half turn on your hands in handstand, pike down and backward roll to handstand again initiating a half turn, before executing a forward walkover, with leg still raised immediate backward walkover and do not land, go directly through to front splits to finish.